



October 2025

Power Seeds

...empowering your life.

DAILY DEVOTIONAL & GUIDE

GEORGE & MANUELA IZUNWA

WEDNESDAY
WORD
EXPLOSION

NOW 5:00PM

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OCTOBER / 2025

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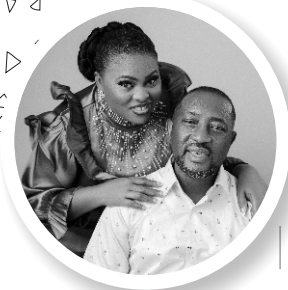
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QUIET TIME PROGRAMME

Good Morning Jesus	1Min
Praise And Worship (Hymns & Songs)	6Mins
Power Seeds & Bible Reading	7Mins
Prayer For Self & Family	12Mins
Prayer For Church & Others	7Mins
Spiritual Warfare	5Mins
Quiet Moment To Listen For Divine Direction	5Mins
Final Song and Closing	2Mins
Total	45Mins



▶ INTRODUCTION

"And in the morning, rising up a great while before day, he went out, and departed into a solitary place, and there prayed."

Mark 1:35

PASTOR & BARR. MRS.
GEORGE IZUNWA

During King David's reign, the tabernacle (the movable tent) that Moses had made was erected at the high place in Gibeon. This tabernacle represented the presence of God among the people.

At one particular time when David sinned, he needed a more immediate and convenient altar, so God sent him to Ornan and told David to build on Ornan's threshing floor. **1 Chronicles 21:26** says, "*And David built there an altar to the LORD, and offered burnt offerings and peace offerings, and called on the LORD; and He answered him from heaven by fire on the altar of burnt offering.*"

Thanks to Jesus, the sacrificial system is out, the need to go through Levitical priests to get to God is out, and the need to stand before a particular altar whenever you pray is out. However, even though all those things are no more, the spirit of each part of David's worship is still necessary today.

You see, your body is now the temple. **1st Corinthians 6:19** says, "*Or do you not know that your body is the temple of the Holy Spirit...?*"

It is your responsibility to build an altar to the Lord in your heart, maintain it, and visit it frequently! Receive grace!

Open your Bible and prepare to find the power of His presence as Pastor George Izunwa and Co-Pastor, Manuela Izunwa are set to take you on a journey through the Scriptures in this monthly devotional.



THE GATEWAY STRATEGY

This is Gateway International Church!

Our mission is to help you genuinely encounter God.

There are three (3) values that drive everything we do in this church;

- i- We Love God Passionately,
- ii- We Love People Unconditionally, and
- iii- We Live Our Faith Intentionally!

There are four (4) things that define a true Jesus' follower;

- i- Every true disciple studies & **LEARNS** from the Bible!
- ii- Every true disciple **LIVES** in holiness before God!
- iii- Every true disciple **LOVES** & serves in the church!
- iv- Every true disciple **LEADS** others to Jesus Christ!

There are five (5) things that will help you get the best from this church;

- i- Always come expectant and worship with passion!



THE GATEWAY STRATEGY

- ii- Receive the man of God with an open heart!
- iii- Be regular and punctual in every church service!
- iv- Join a cell group & serve in a church department!
- v- Use our Welcome Centre for all your enquiries!

There are three (3) activities that define our God first culture as a church;

- I- God first quiet time!
- ii- God first yearly and monthly consecration!
- iii- God first tithing and first fruits!

2025

▶ HESED COVENANT CONFESSION

[Lift up your right hand & declare boldly]

- God is good to me!
- My life is sustained by His covenants!
- My covenant place is at the topmost top!

Today.... Standing on Romans 10:9-10, I confess that Jesus Christ is my Lord!

- He died in my place and rose from the dead!
- He took away my sins & gave me His righteousness!
- Because of Him, I am a member of the family of God!
- Jesus is my life; I live by His Word; I am led by His Spirit!
- And one day, I will meet Him face to face!

Because of Jesus Christ, my life is supernatural!

- I am the blessed of God!
- I walk in prosperity!
- I find favour everywhere!
- Sound health is my portion!
- Nothing dies in my hands!
- No power can hurt my destiny!
- Kings come to the brightness of my rising!
- Nations open their gates and treasures to me!
- My life is a testimony of grace!

2025

▶ HESED COVENANT CONFESSION

Today, I affirm that 2025 is my covenant year of HESED!

- I receive the loving kindness of God!
- Only good things are permitted in my life!
- Gateway International Church is my spiritual family!
- I put God first; I pay my tithes; I am a soul winner; I serve in God's kingdom!
- My life works; my faith works; my business works; my relationships work!
- Everything will work for my good in 2025!
- No good word, spoken over me will fall to the ground!
- There shall be no loss nor evil report in my life this year!
- The good hand of God is upon me!
- I am the evidence of Hesed!

ATTITUDE MATTERS (I)

COVENANT DAY OF FASTING AND PRAYER

KEY
TEXT

Ecclesiastes 4:11 "He who observes the wind will not sow, and he who regards the clouds will not reap."

BACKGROUND AND THOUGHTS ON THE TEXT: Someone once said that our attitude determines our altitude and this is quite true. Life does not just happen. What happens to us is determined majorly by our response to life's issues. Attitude, is a person's bearing towards life. Attitude is either positive or negative. Good attitude is about amplifying the positive when the negative is happening. Attitude has nothing to do with what you are going through. Rather, it has everything to do with how you handle what happens to you. Life is ten percent what happens to you and ninety percent, how you react to it. A man who has a good attitude, is a man who sets himself for divine lifting. Take the first step to encountering God's lifting by having a positive attitude.

PRAYER POINTS:

1. Father, I thank You for Your immeasurable grace that abides with me. By Your grace, I know I can do all things through Christ who strengthens me.
2. Lord, I thank You for the thoughts and plans You have towards me. No matter what is going on in my life, I know I already have an expected end.
3. Father, cause Your face to shine upon me. Let Your glorious presence continue to radiate around me. Empower me with the grace and strength to surmount my mountains.
4. Lord, even if I have to go through the fire or the storm, I know You are right there with me. Life will not swallow me.
5. Lord, for the moments I murmured and lost faith in You, I ask You for mercy. I plead the Blood of Jesus over my life to cleanse me from the sins of negative thoughts and confessions.
6. Father, let my goals align with Your perfect will. Though I may encounter discomfort on my journey to destiny, usher me to the place You have prepared for me. I know I will get there.
7. I rebuke the hand of the enemy trying to destroy my destiny. Every negativity working against my life, I rebuke you now by the fire of the Holy Ghost.
8. Father, I thank You for Gateway International Church. Lord, let Your grace and mercy continue to rest upon us. Let Gateway International Church become a force to be reckoned with globally.
9. Father, I thank You for Your servant Pastor George Izunwa. May Your grace and presence continue to abide with him. Make his voice a voice of spiritual authority in his generation and in future generations.
10. Lord, release Your wind of mercy to blow over our nation Nigeria. Let the forces of darkness trying to limit our growth and progress be humiliated and destroyed, in the name of Jesus.



DAILY BIBLE
READING:

Malachi 1 – 4

ATTITUDE MATTERS (2)

KEY TEXT

Proverbs 3:6 (NIV) "In all your ways submit to him, and he will make your paths straight."

BACKGROUND AND THOUGHTS ON THE TEXT: Attitude is the mindset that affects how we think, feel and behave. Our attitude impacts our lives greatly including the lives of the people around us; positively or negatively. A positive attitude exudes optimism, hope and confidence, while a negative attitude is characterized majorly by pessimism, doubt and fear. I have discovered that people with a positive attitude, tend to be more resilient, self-motivated and successful while those with a negative attitude, tend to focus more on problems, blame others for their challenges and spread negativism.

Life would make more meaning once we are able to understand the various reasons people are tended more towards a negative attitude. Our understanding, also positions us as a source of encouragement to them. So, what are the causes of a wrong attitude? They are stress and anxiety, lack of self-care or self-awareness, past traumas and a sense of failure caused by disappointments. These are often displayed in outbursts of anger; fear, low self-esteem, shame and sadness are also characteristics of a negative attitude. Fortunately, a negative attitude can be changed by practicing gratitude and positivity, focusing on solutions, surrounding yourself with positive people, caring for your physical and mental health, learning from past failures and setting realistic goals.

APPLICATION: King Solomon wrote in the book of Proverbs 3:3-5 (NIV) *"Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man. Trust in the Lord with all your heart and lean not on your own understanding;"*

Because of rooted emotions that may have rendered us emotionally incapacitated, sometimes it is difficult to help ourselves. But the good news is that God can. Trust God with all our heart. Jesus holds the key to the painful issues of your heart. He will help you to encounter a turn around. If you desire to live with a positive attitude, God will endow you with the grace to choose how to think, feel and behave.



*Holy Spirit, I submit to You.
Please strengthen me.*



Pray in the Holy Ghost for a few minutes and command grace to be stirred up in you.



Matthew 1 – 4

ATTITUDE MATTERS (3)

KEY
TEXT

Isaiah 43:19 "Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert."

BACKGROUND AND THOUGHTS ON THE TEXT: The plan of God for your life is for you to sit at the King's table. The King's table, is where God has prepared to glorify Himself through you. You may not be a person of distinguished status but it is God's plan to bring you to a place of distinction, your background notwithstanding. But unfortunately, many people do not find their way to their place of eminence. You are destined to be great irrespective of your background. Life is a journey with disappointments but if you can handle your circumstances with a positive attitude, you will take your position at the King's table. But a lot depends on you to make it a reality.

In Psalms 23:5, David said, *"Thou preparest a table before me in the presence of my enemies:...."* In most instances, preparing a table connotes placing the different dining items on a table in their respective positions in preparation for a meal. This was what God meant when David said, *"Thou prepares a table before me..."* The juiciest part of that promise, is the fact that God has promised to set the table in the presence of our enemies. The question is, whose responsibility is it to position the table before God deems it appropriate to set it? No other person than you and I. When the table is not available or appropriately positioned, God will not set it.

APPLICATION: Where and how you sit matters. God is set to do something grand in your life but you need to position yourself away from the negativism around you by having a positive attitude. Your beginning might be small but your latter end, God has promised, shall be great. It is not about where you are coming from but where you are going to. Jesus began His journey to greatness from the manger but He become the King of kings and today, He is seated at the right hand side of the Father. A negative attitude has the potential to cut short your progress. Whatever your struggles, do everything in your power to conquer them by speaking and acting better than you feel. Keep your eyes on God's grace and vision for your life. Attitude really matters!



Lord, I receive Your sufficient grace to conquer self. Lord Jesus, live through me.



Lay down all your fears and inadequacies at the foot of the Cross.



Matthew 5 – 6

ATTITUDE MAKES; ATTITUDE MARS.

KEY TEXT

Matthew 5:14 "Ye are the light of the world. A city that is set on a hill cannot be hid."

BACKGROUND AND THOUGHTS ON THE TEXT: Good things follow the people who display a good attitude. Whenever you are told that your attitude is wanting but you refuse to listen, you will lose favour with God and with man. 1 Samuel 25, describes a certain man Nabal, who was very wealthy in flocks of sheep and goats. While David was in the wilderness, he heard that Nabal was shearing his sheep and kindly requested from Nabal, anything he could spare for he and his men but Nabal instead, replied David's men harshly and insulted David. The Bible ascertains that prior to this time, during which David and his men sojourned in the wilderness, they ensured that nothing belonging to Nabal was taken or stolen. When David received Nabal's harsh reply, he instructed his men to strap on their swords for a showdown.

Fortunately, before David got to Nabal, Abigail, Nabal's wife whom the Bible describes as a beautiful and very intelligent woman, had swiftly organized more than enough supplies and had taken it to David and his men. That singular act averted an imminent disaster. The Hebrew translation for the name "Nabal" means fool. Nabal, for whatever reason, had acted out of an attitude of sheer conceit and of course, stupidity. When Abigail arrived home, Nabal had organized a banquet like that of a king and was in high spirits and very drunk. By the following morning when he was sober, he learnt from his wife what she had done and went into shock. The Bible says his heart failed him and he died. What a pointless loss!

APPLICATION: You are meant to advance and become great. You have been empowered with the dominion mandate to rise out mediocrity and encounter greatness, but you need to understand that your chances at destiny will be limited until you learn to face life with a positive attitude especially when you are going through tough times. Positive attitude attracts positive people who facilitate the manifestation of positive circumstances. These positive circumstances set the stage for the opportunities you need to take your place at the King's table. Attitude makes! Attitude also destroys! You are the light of the world. Let your light so shine that men would glorify God because of you.



Father, I thank You for the outpouring of Your grace. By Your grace, an excellent spirit is modeled in me.



Do not allow your heart to be a dumping ground for negative emotions. Kick them out!



Matthew 7 – 9

THE ATTITUDE OF HONOUR

KEY
TEXT

Philippians 2:5 "Let this mind be in you, which was also in Christ Jesus."

BACKGROUND AND THOUGHTS ON THE TEXT: Life is special and life is ruled by certain essentials that are necessary for a lifting, one of which is a positive attitude. If you desire to go far in life, you must be able to hold on to people whose influence is worthy enough to bring you to your desired place. Men help men to rise. When God wants to help a man, He sends a man. Your ability to access the help of the men God sends your way, depends a lot on your attitude. Men who sit at the table of influence, decide what goes down to other people. Honouring the man God sends your way, brings you closer and faster to the destiny God has prepared for you. Let the mind of Christ be in you. Be humble. Honour your sent men.

How do you honour your sent men?

- Respect and honour them.
- Stay positive irrespective of your challenges.
- Speak and act better than you feel.
- Produce results than anticipated.

Be God's showpiece of righteousness.



Lord, give me the capability to face life's storms with grace.



Matthew 10 – 11

THE ATTITUDE OF RIGHTEOUSNESS

KEY
TEXT

Psalms 18:2 (NLT) "The lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety."

BACKGROUND AND THOUGHTS ON THE TEXT: The spiritual frequency we are tuned to affects the outcome of our lives. If you are tuned to the right spiritual frequency, your life will turn out right, but if you are not, the reverse will be the case. Being tuned to the right frequency means being connected to the right spiritual source which is no other than Jesus. Have you ever tried listening to a communication device like a radio for instance, and you discovered that there were incoherent sound disruptions that prevented you from having a clear reception until you tuned to the right frequency? This is exactly how life is. Whatever spiritual frequency you are tuned to, either boosts or waters down on your relationship with God.

Tuning to the right spiritual frequency means aligning yourself wholeheartedly to God's patterns and precepts. It is being a hundred percent kingdom-minded person without any reservations or interruptions from other alternate spiritual beliefs. Life can get overwhelming sometimes to the point where one might be tempted to give up on his pursuit of God. But when you are tuned to Jesus, grace reveals itself in marvelous ways that empowers you to handle whatever life brings. When grace is absent, your flesh takes the fore-front which affects you negatively. Grace makes your attitude to come alive in positive ways that pleases and glorifies the Lord.

APPLICATION: How do you stay tuned to the right frequency?

- Disallow any affiliation with alternate spiritual practices. Stay tuned to Jesus only.
- Be an ardent student of God's word.
- Pray without ceasing. Fast when necessary.
- Build a covenant relationship with God.



I abort every evil program orchestrated by darkness through a negative attitude.



Trust only in Jesus!



Matthew 12 – 13

THE ATTITUDE OF GRACE

KEY TEXT

Jonah 3:3 (NLT) *"This time Jonah obeyed the Lord's command and went to Nineveh, a city so large that it took three days to see it all."*

BACKGROUND AND THOUGHTS ON THE TEXT: People display negative attitudes for a number of reasons. For instance, in Jonah 1, the Lord instructed Jonah to go to the city of Nineveh to announce an impending judgment that would come upon them because of their wickedness. But Jonah instead, went in the opposite direction to get away from the Lord. In course of his presumed escape on a ship headed for Tarshish, a violent storm arose that hurled destructive waves against the ship. In their effort to make the ship lighter to prevent casualties, the sailors were forced to throw their cargo overboard. But when they discovered that Jonah was the reason for their problem, at Jonah's request, they also threw him overboard. In the belly of the great whale that eventually swallowed him, Jonah prayed; *".... But I will offer sacrifices to you with songs of praise, and I will fulfil all my vows. For my salvation comes from the Lord."*

When we take into cognizance the story of Jonah, most times, we do not seem to care about the reason Jonah ran away from God. The people of Nineveh were known for their treacherous wickedness. Biblical history affirms that the people of Nineveh usually meted out punishment against defaulters of certain rules through extreme torture. Jonah feared that if he ventured into the city of Nineveh uninvited, it was most likely that he was going to be skinned alive and hung in the sun to die. That was the punishment that was usually meted out against people who strayed or ventured into Nineveh uninvited. Jonah displayed an attitude of extreme fear which may have culminated into resentment against God. He doubted the awesomeness of God who had the power to defend him on his assignment. Thankfully, God proved Himself in Jonah's life.

APPLICATION: When a man goes with grace, he overcomes obstacles. Grace will empower and position you to accomplish excellent results in every area of your life. Grace strengthens, grace heals and grace inspires! In other words, grace releases supernatural abilities for greater works. Grace will position you at the King's table if you let God take His place in your life. Whatever happens in your life, face life with the attitude of a person God helps. With God's grace, you can overcome and become anything God wants you to be. God wants your world to see you through the eyes of His grace. Let men know that God has touched you.



PRAYER

Father, I thank You for the outpouring of Your grace. I am flying higher on the wings of grace.



ACTION POINT

Decide from today that you will be the head and not the tail.



DAILY BIBLE READING:

Matthew 14 – 17

THE ATTITUDE OF JOY

COVENANT DAY OF FASTING AND PRAYER

KEY
TEXT

Job 32:8 "But there is a spirit in man: and the inspiration of the almighty giveth them understanding."

BACKGROUND AND THOUGHTS ON THE TEXT: One of the prerequisites for sitting at the King's table is facing life with joy. In Nehemiah 2, when King Artaxerxes asked Nehemiah, who served in the king's court as the king's cup-bearer why he was looking unhappy, Nehemiah admits that he was terrified at the king's question because he had never appeared before the king downcast. Is it not possible that if Nehemiah had not given a tangible reason for his sad countenance, that he might have been put to death? Remember, Nehemiah was among the Jews who were on exile at the time during the reign of Darius II in Persia. Wearing a long face not only repels God; it repels men away from you, including your destiny helpers. Self-pity or self-absorption, weakens grace. It hinders God and man from showing you favour. People are naturally drawn to people who have an attitude of joy.

PRAYER POINTS:

1. Father, I thank You for a season of new beginnings. Grant me the grace to keep my heart focused on You all the days of my life. Teach me to be intentionally joyful always.
2. As I keep my heart focused on You, take me higher to the places You have prepared for me. I declare, I will never see shame.
3. I dethrone whatever has assumed the position of God in my heart. Father, You are Lord and Master over my life. Therefore, every negative mindset that draws me away from grace, I destroy by fire!
4. Lord, I give all my failures and disappointments to You. Rule over the affairs of my life now and forever.
5. I quench the spirit of emotional tiredness and I command the shackles of self-defeat and uncertainty to be broken.
6. I destroy the works of darkness causing me not to recognize the faithfulness of God in my life. Lord, I know You are doing great things in my life even though I may not see it.
7. Lord, I lay my life at Your feet today. I surrender myself and all You have predestined me to be at Your feet. Be my Lord, Master, Guide and Friend.
8. Over members of Gateway International Church, I declare a new season of supernatural manifestations. No power can hinder us! We are marching forward, in the name of Jesus.
9. O Lord, I bless You for the life and ministry of Your servant Pastor George Izunwa. Continue to surround him with Your love, goodness and mercy. May he grow from grace to grace. I declare that his words will never fall to the ground.
10. May the reign of evil violating the progress of our nation come to an end. Lord, show Nigeria mercy, in the name of Jesus.



DAILY BIBLE
READING:

Matthew 18 – 20

THE ATTITUDE OF GRATITUDE

KEY TEXT

Psalms 100:4 (NIV) "Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name."

BACKGROUND AND THOUGHTS ON THE TEXT: Nothing terminates emptiness and brings a man to the presence of God like the attitude of gratitude. Gratitude is simply showing appreciation to someone for the good he or she has done for you. We live in an era where people no longer see the need to be grateful to God and to man. Have you ever done something good for someone but that person failed to show gratitude? How did that make you feel? Or is it also possible that you have also failed to show gratitude to someone for the good he or she did for you? God is displeased when we fail to express gratitude to Him. Men also feel the same when we take the good they for us for granted. Any man who refuses to have an attitude of gratitude will never enjoy the blessings and the favour of God. He never gets to sit at the King's table.

What is favour?

- Favour is one of the most radical blessings of life.
- Favour is the mystery behind mysterious liftings.
- When favour is involved, one's history does not really matter.
- Anywhere you see preferred treatment, favour is involved.
- People with the oil of favour pass through life without struggling.

APPLICATION: If you want to enjoy favour, be a person of gratitude. When you are thankful, God, as well as man, is moved to do more for you. In Gateway International Church, we have a mantra that says, "When you say thank you, God says take more." I encourage you to testify about the good things God does for you. Be thankful also for the things others do for you. Even the hardest heart can be softened with the expression of gratitude. Never fail to express gratitude even for the little things people do for you. Go with attitude every day of your life. Gratitude opens the door to favour from God and from man. When you are thankful, you will definitely sit at the King's table. Gratitude makes a person a regular invite to good things.



Father, help me to be thankful always even for the minutest things.



Be thankful always!



Matthew 21 – 22

THE ATTITUDE OF AN EXCELLENT SPIRIT

KEY TEXT

Genesis 6:8 (NLT) *"But Noah found favour with the Lord."*

BACKGROUND AND THOUGHTS ON THE TEXT: Favour can break mysteries and take away embargoes. An embargo is a siege over a man's life that restricts him from going beyond a certain point. And when a man finds favour, it pushes him beyond the limits created by his embargoes. Some people suffer under the yoke of disfavour not because the enemy is at work but because they do not have an excellent spirit. An excellent spirited person, is one who possesses a positive, resilient and uplifting attitude that shines through in his words, actions and interactions with others. People with an excellent spirit tend to inspire and motivate those around them.

I believe strongly that God found favour with Noah not only because he was righteous but because he had an excellent spirit. One of the striking features of an excellent minded person, is his ability to go the extra-mile or add a touch of finesse to whatever he does. When God instructed Noah to build the ark, Noah did not just build the ark; he built it to precision. He also obeyed fully, every instruction God gave regarding the kinds and number of animals He wanted in the ark. Verse 22 of Genesis 6 says, (NLT) *"So Noah did everything exactly as God had commanded him."* Verse 5 of Genesis 7 (NLT) also says, *"So Noah did everything as the Lord commanded him."*

APPLICATION: When you refuse to walk with the attitude of an excellent spirit, favour will not come to you. The characteristics of an excellent spirit are, cheerfulness, faithfulness and productiveness. If you see a man with an excellent spirit, you will see these attributes. Anyone who does things excellently, will find his place at the king's table. Diligence brings men before kings. I want you to begin to behave in a manner that attracts favour. Just like Noah, be an excellent person in every area of your life. Favour will come to you.



Father, help me to work excellently in everything I do.



Refuse to be mediocre.



Matthew 23 – 24

THE ATTITUDE OF SELF-AWARENESS (I)

KEY TEXT

Proverbs 23:7a "For as he thinketh in his heart, so is he."

BACKGROUND AND THOUGHTS ON THE TEXT: The sub-consciousness is that part of the human mind that operates below our conscious awareness. It influences how we think, feel and respond to life's issues in very powerful ways without us realizing it. Our sub-consciousness is programmed sub-consciously by our personal experiences, beliefs, background and information we access through the course of life. The word 'sub' is attached to that part of our consciousness primarily because we are not entirely conscious of it. Through determination though, and hard-work, our-sub-consciousness can be re-conditioned. Why is this so important? It is because to a very large extent, our sub-consciousness determines how we eventually turn out in life.

Before favour can manifest in your life, there is a part of you that must desire, appreciate and welcome it before it actually manifests. You need to have a strong conviction that you deserve it. Is there something deep inside of you that often tells you that you are not qualified for favour or that you do not deserve it? That is your sub-consciousness clouding your thinking. Please deal with it! You need to have a mindset that tells you that you deserve good things. If you are convinced that you deserve good things, even the ones you do not deserve will manifest in your life. The mind is so powerful that it determines to a very largely extent, what we experience in life. People who believe they should enjoy favour, enjoy favour. This is how our thought pattern or belief system works. What you think about yourself in your heart becomes your reality; good or bad.

APPLICATION: The way you think determines what becomes of you eventually. If you think disfavour, you will reap disfavour, but if you believe you deserve favour, that will be your testimony. A favour mindset is the access-door to encountering God's goodness. This is another reason some have and some do not have. The way you see life is the way you will live it. Your perception matters. Your reality becomes what you choose to believe. Believe and behave in ways that attract favour. Believe it, confess it, behave it and you will become it.



O Lord, establish my life and destiny by the mysteries of grace and favour.



Believe whatever God has said. You are His candidate for favour.



Matthew 25 – 26

THE ATTITUDE OF SELF-AWARENESS (2)

KEY TEXT

1 Timothy 2:19 "Holding faith, and a good conscience; which some having put away concerning faith have made shipwreck."

BACKGROUND AND THOUGHTS ON THE TEXT: You can work on your sub-consciousness and make it right. Your sub-conscious mind is a very powerful tool that can lead to profound insights and positive changes in your life if you take the pains to work on it. It can improve your creativity and inspiration, heighten your instincts and improve your personal growth. As a Christian, working to improve your self-awareness is highly recommended. There times you must assess your inner-person and tell yourself some honest truths about the way you perceive things. Until you face the truths about yourself, you are unlikely to address the way you think and act especially if you are usually tended towards the negative. The first question is; what is your general perception about certain issues or life in general? Secondly, what are the conscious efforts you would require to realign your perceptions? Where does the help of God come into the picture?

How do you improve your sub-consciousness or improve your self-awareness?

- Intentionally create new habits and patterns; mental and physical that can rewire your sub-conscious mind.
- Encourage yourself with positive self-talk. This will boost your self-confidence and motivation.
- Study God's word to understand His mind towards you and believe it without any doubt.
- Ask the Holy Spirit to help in your areas of difficulty.
- Create a channel for personal accountability



Father, release Your mighty hand upon me. Whatever men see in my life and destiny as a reproach must come to an end.



Matthew 27 – 28

THE ATTITUDE OF THE RIGHT PERSPECTIVE

KEY
TEXT

Proverbs 29:23 "A man's pride shall bring him low; but honour shall uphold the humble spirit."

BACKGROUND AND THOUGHTS ON THE TEXT: John Rocky Fella said, *"The ability to deal with people is as purchasable a commodity as sugar and coffee."* Every person in and around your life is on an assignment. If someone is not bringing you a blessing, he is certainly bringing you a lesson. Every time God wants to help a man, He sends a man; and every time Satan wants to bring a man down, he equally sends a man. We know that anytime God sends a man into our lives, He does it for the purpose of accomplishing something good for us, but when Satan is sending a man he is doing it for negative reasons.

In course of relating with one another, quite a number of people have become severely traumatized to the point of losing their faith in humanity. Some have resolved never to love or trust again; others have vowed never to show kindness again. But there are others, who after series of hurts and disappointments, still continue to forge ahead relationally in spite of the emotional injuries they have sustained. The difference between an individual who builds a wall around himself and the one who refuses to, is simply the outcome of their different perspectives. Humanity, in the true context of the word, is an embodiment of imperfections but we would be fooling ourselves if we think we can do without one another.

APPLICATION: The truth about the problems we often face relationally, is tied primarily to our perspective, not essentially about how people behave or what they do. If you do not want to be caught in the depths of emotional stress every now and then, there are certain attitudes you must inculcate into your life that will help you stand out relationally. 1) Decide to be open-minded: Open-minded people enjoy life more than the critical and inflexible people. 2) You must refuse the negativism in other people: Instead, take a cue from their good qualities and apply those good qualities to your life. 3) Choose to remain worthy even if the quality of your life does not portray worthiness. i.e. live in a manner that commands the respect of others no matter how bad your situation might be. Then you will sit at the king's table and enjoy favour. The way you see life is the way you life will treat you.



Holy Spirit, help to be an open-minded person.



Forgive hurts ahead of time.



Mark 1 – 3

THE ATTITUDE OF SELF-WORTH

KEY TEXT

Matthew 9:11 (NIV) "When the Pharisees saw this, they asked his disciples, 'Why does your teacher eat with tax collectors and sinners?' On hearing this, Jesus said, 'It is not the healthy who need a doctor, but the sick.'"

BACKGROUND AND THOUGHTS ON THE TEXT: One of the reasons people do not get to sit at the King's table is because they lack self-worth. If you keep running yourself down, people will lose respect for you. There are times, you must enforce the respect of others by practicing self-worth. Self-worth, is the value you place on yourself as a person. It is about recognizing your own worth, dignity and importance, regardless of your personal achievements or challenges. We live in a world where there is ranking and aggressive competition even in the Christian circle, and people are often filled with a satanic determination to run one another down in an effort to prove their own worthiness regardless of who gets hurt in the process.

In spite of the need to place value on relationship or carve a niche at whatever level of life you find yourself, it is wrong and ungodly to let anyone trample on your dignity as a human being. A lot of people have destroyed themselves because they allowed the negative tendencies of others creep into their lives because they wanted to be accepted. Self-worth means accepting, respecting and treating yourself with kindness and understanding. When the Pharisees tried to make Jesus feel guilty for dining with sinners and tax-collectors, Jesus said, *"They that be whole need not a physician, but they that are sick."* Another version says, *"It is not the healthy who need a doctor, but the sick."* Jesus did not need anybody to validate His life or ministry.

APPLICATION: Constantly seeking validation from others can lead you to a mental-breakdown. When you add value to yourself as a person, it will boost your confidence and it will give you the resilience to handle life's challenges. It will help you set healthy boundaries, communicate effectively and attract the right relationships. And more importantly, it will keep you from anxiety and stress. People will treat you with more respect when they see that you love and respect yourself and when they can connote that you are not a push-around. Jesus was not a push-around. So, why should you, created in His image and likeness be any different? The off-spring of an eagle is an eagle, not a chicken.



PRAYER

Lord, help me to be the reflection of excellence. I will not be a destiny disaster.



ACTION POINT

Begin aggressively working on the areas you need to improve your self-worth.



DAILY BIBLE READING:

Mark 4 – 5

PRACTICE SELF-WORTH

COVENANT DAY OF FASTING AND PRAYER

KEY
TEXT

Daniel 6:3 "Then this Daniel was preferred above the presidents and princes, because an excellent spirit was in him; and the king thought to set him over the whole realm."

BACKGROUND AND THOUGHTS ON THE TEXT: Creating a beautiful and successful future requires energy, effort and concentrated thinking. This is the reason most people shy away from taking the pains to do so. It is not enough to have faith. You need to put your faith into action by making effort to do what is required of you. Doing the right thing is not limited to just acts of righteousness. In fact, it affects every area of your life. Life demands that we make conscious efforts at trying to be the best; part of which is intentionally practicing self-worth. How do you practice self-worth? **1)** Surround yourself with positive and supportive people. **2)** Set realistic goals and celebrate achievements. **3)** Never compare yourself with others. **4)** Challenge negative self-talk and more importantly, **5)** Practice self-care and self-compassion.

PRAYER POINTS:

1. Father, I thank You for Your sufficient grace that makes my life worthy and beautiful. Through Your sufficient grace, I decide today to walk in excellence.
2. Lord, I thank You for the grace to perceive, to plan and to pursue. I lay my life before You today. By Your grace, I am healed from every sense of self-unworthiness.
3. Father, help me to walk in the right perspective and to practice self-worth. I know I am distinguished for greatness.
4. Lord, I surrender myself totally to You. All that I am and all that I would ever be, I lay on Your altar. Be my life, be my guide and be my helper.
5. I take authority over any negative mindset that is trying to mislead me into self-destruction. Father, I receive grace to be the led by Your Spirit.
6. I curse by fire, every plan orchestrated by darkness to draw me down the pits of mediocrity, failure and mental captivity. I declare that I will never see shame!
7. I release my heart and mind from the shackles of hell. Every voice of fear and failure trying to hold me back from encountering excellence, catch fire now!
8. Today, I proclaim the new release of God's favour over the members of Gateway International Church. Let the heavens release the goodness and the lovingkindness of God upon our people.
9. Father, I thank You for Your servant, Pastor George Izunwa. I decree the release of fresh oils over his life and ministry.
10. Father, we pray for Your hand of mercy and favour to rest over Nigeria. May the shackles of poverty, death and destruction over the land be broken, in the name of Jesus.

DO NOT DENY TRUTH

KEY TEXT

Psalms 7:9 (NLT) "End the evil of those who are wicked, and defend the righteous. For you look deep within the mind and heart, O righteous God."

BACKGROUND AND THOUGHTS ON THE TEXT: One of the major causes of abuse is our refusal to acknowledge truth. When you refuse to practice self-worth; when you refuse to face the truth about the exploitation of others, you not only place yourself at a disadvantaged position, you would also force others into a disadvantaged position especially those looking up to you. A lot of people practice self-denial. When they see evil, they excuse it because they are afraid of being unaccepted or terrified of being victimized for standing for the truth. Wickedness lies in the heart of many men because that is what they are naturally tended to. So, do not expect people to treat you nicely because you are good or because you are a Christian. Until you take a stand for yourself, abuse meted out against you may never stop.

For any man to be truly free, he must be delivered first, from the devil, from himself and from other people. He must be delivered from accusers, from opposers and from oppressors. Accusers are people whose tongues can set the course of one's destiny on fire through lies, slander and accusations. Opposers are those who do everything to prevent someone from rising or advancing forward. And oppressors are those who work hard to inflict pain on their victims through diverse forms of manipulation with the intention of keeping them within a certain proximity.

APPLICATION: One of the important perspectives you should have is seeing people for who they really are. Acknowledge the truth no matter how close the person who is inflicting it is to you. Stop evil by stopping the attack on your person even if what accuses, opposes or oppresses you was triggered by your own carelessness. God's plan for you is to become outstanding in life, not to be an object of disdain or ridicule. God's word for today is encouraging you to end the evil of those who are wicked. Walk away if you must but put a stop to it. Take a bold stand and defend yourself or else, you will not go beyond a certain point in life. Do not deny the truth. Do not turn your back on the truth and have your life and destiny destroyed. You have just one life to live.



I refuse to fear. I declare that I can do all things through Christ Jesus who strengthens me.



Say to yourself, "I am fearfully and wonderfully made. I am made for God's glory."



Mark 8 – 9

BREAK THE TABLE OF THE WICKED

KEY
TEXT

Job 5:21 (NLT) "You will be safe from slander and have no fear when destruction comes."

BACKGROUND AND THOUGHTS ON THE TEXT: There are enemies of progress everywhere. They are envious and jealous people who resent progress and peace, and would stop at nothing to bring others down especially when they feel threatened. If you are not careful, just one satanic agent is all you need to go down. When an individual spreads lies, when he slanders or accuses falsely, he is not a friend but a treacherous enemy no matter how close he is to you. There are people whose mouths must be stopped before they stop your destiny. Nothing sets a destiny on fire like the tongue that has been anointed by Satan himself to do untold damage.

In Nehemiah 6, Nehemiah states that the opposition against the rebuilding the walls of Jerusalem continued as he carried on with his assignment. Sanballat, Tobiah and Gershom who had opposed Nehemiah from the onset of his plans to rebuild the walls of Jerusalem, sent a message four times asking Nehemiah to meet them in one of the villages in the plains of Ono but Nehemiah, who understand their plans to harm him declined their invitation. At the fifth time, one of Sanballat's servants came to Nehemiah with an open letter, stating that there was a rumor among the surrounding nations that the reason Nehemiah was trying to rebuild the walls of Jerusalem was because he and the Jews were planning to rebel against the king. Thankfully, Nehemiah understood it was a plot to intimidate him in order to stop the completion of the wall. What if God was not on his side? A false rumor might have ignited a war.

How do you break the table of the wicked?

- Keep declaring your faith boldly: No matter what is going on, keep confessing the truth you know.
- Curse the tongue of the enemy: Curse the demonic powers influencing their evil activities.
- Ensure you are living a life that evil cannot reproach. You cannot fight spiritual battles when you have loop holes of sin in your life. Do not give the devil any room to mess you up.
- Be audacious in the face of evil.



PRAYER

Father, in the name of Jesus, I uproot and destroy every dream-killer hanging around my life.



Be bold. Be audacious!



Mark 10 – 11

BREAK THE TABLE OF THE OPPRESSOR

KEY
TEXT

Psalms 145:19 (NLT) "He grants the desires of those who fear him; he hears their cries for help and rescues them."

BACKGROUND AND THOUGHTS ON THE TEXT: Judges 1:5-7 narrates how a king, Adoni-Bezek was captured by the Israelites who cut off his thumbs and his big toes perhaps in retribution for an act he had meted out against seventy kings who were once in his captivity. Adoni-Bezek lamented saying, *"I once had seventy kings with their thumbs and big toes cut off, eating scraps from under my table. Now God has paid me back for what I did to them."* The Bible went on to say that they took him to Jerusalem and he died there. Now, if you can picture how it feels like to walk without the help of your big toes or hold something in your hand without the assistance of the thumb, then you can understand the suffering these seventy kings must have gone through. The question is, how did they pick up crumbs from underneath Adoni-Bezek's table?

What gives a human being so much satisfaction when he sees others go through anguish, is best left to the imagination but this level of evil is real and it exists among us. Many people are not sensitive to the 'Adoni-Bezeks' around them. There are people who had great destinies but who are currently picking crumbs that fall from the tables of their oppressors without realizing it. Some think they have succeeded when they should have gone beyond their present status. Others have fallen from grace to grass because of the people who have opposed and oppressed them. Adoni-Bezeks, are people who tamper with the destinies of people who follow them. They are enchanterers that shoot arrows of affliction and they are men who oppose and sabotage the elevation of others.

APPLICATION: So, how do you break the tables of destiny wasters? How do you deal with Adoni-Bezeks?

- Decide you will never be satisfied with the crumbs of life.
- Use drastic fasting and praying to advance yourself.
- Keep prophesying restoration and advancement over your life.
- Live in a covenant relationship with God.



Lord, let Your presence go with me; give me access to ease and speed.



Think big. Think advancement.



Mark 12 – 13

LIVE BY GOD'S COVENANT

KEY
TEXT

Psalms 74:20 "Have respect unto the covenant: for the dark places of the earth are full of the habitations of cruelty."

BACKGROUND AND THOUGHTS ON THE TEXT: Part of the dividends of the Covenant is safety. The covenant is God binding Himself to you for good or bad. It is God committing Himself to you and it is also you, being totally committed to God through whatever life brings. In short, covenant it is your allegiant commitment to God and vice versa.

Destiny journey is a challenging journey that most times when you try to rise, elements sponsored by Satan will do everything to bring you down but when you are in covenant with God, you will walk in safety. Your safety from destiny mockers, blockers, corrupters, saboteurs, and dream killers is dependent majorly on your covenant walk with God. No one is permitted to hurt, oppress, oppose or accuse you because your case is different!

What are the four major qualities God exhibits when you walk in covenant with Him?

- He protects.
- He guides.
- He nurtures.
- He blesses.



Joy and peace comes to those who have God as their helper. Father, my help is in You.



Mark 14

BE READY FOR THE LONG JOURNEY

KEY TEXT

Genesis 1:26 "Then God said, Let us make man in our image, according to our likeness: let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth."

BACKGROUND AND THOUGHTS ON THE TEXT: Success is not attributed only to financial prosperity. When you fulfil God's plan for your life, that makes you a successful person. Successful people do not drift or float to the top. To be successful in whatever you do or in whatever God has called you to accomplish, you must be focused, you must learn to take necessary action, imbibe personal discipline and hold on to God tenaciously. You were born in a season for a reason. Every person on earth, including you, is a spirit released from God and has a destiny to fulfil. This means that your life's journey should be characterized majorly by your efforts at trying to be the person you were created to be.

There are some experiences you should not have when you are going on a long journey such as having a runny tummy or having a bloated stomach or farting unnecessarily. These can be quite problematic not just for you but for the passengers you are travelling with. There are no sprints on the journey of destiny; only marathons. This is why you should be careful with distractions. Distractions can slow down your progress. In life, there are three kinds of people: Those who watch things happen, those who wonder at what is happening and the few who make things happen. What category do you fit into? If you are one of those who desire to be significant in life, it is a proof that God has called you to greatness.

APPLICATION: A lot may have happened to you but you can still win even with the wrong cards you have in your hand. No matter what may have transpired in your life, there are no trivial details in destiny. Every detail about you, no matter how infinitesimal, is an integral part of the requirement for the journey. In the valley of dry bones, those bones lived again. Lazarus was in the tomb for four days, already decomposing, but he rose back to life. Your life, your purpose and your destiny are not dead yet. Take every detail of your life and with grace, create something beautiful with them. You have the grace to surmount those mountains that were part of God's plan from the very beginning. Make a decision that life is not going to defeat you. See yourself as God sees you. You were born to dominate.



Father, You know the end from the beginning. I thank You because I know You will not mismanage my life.



Make it a habit to say, "I am the best!"



Mark 15 – 16

BE CONFIDENT!

KEY
TEXT

Ecclesiastes 7:8 "Better is the end of a thing than the beginning thereof: and the patient in spirit is better than the proud in spirit."

BACKGROUND AND THOUGHTS ON THE TEXT: Stan Smith said, "Experience tells you what to do; confidence allows you to do it." In July 1999, former South African President now late, celebrated his eightieth birthday. For almost twenty-seven years, he was confined to a prison cell because of his outspoken views about apartheid. During his time in prison, Mandela's confidence must have been severely tested. It is a tribute to his faith and conviction that he ultimately triumphed and went on to be elected to his country's highest office.

A part of his inaugural speech in 1994 says thus; "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are we not to be? You are a child of God. Your playing small doesn't serve the world. There is nothing enlightening about shrinking so that other people won't feel insecure around you. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our light shine, we unconsciously give other people, permission to do the same. As we are liberated from our fears, our presence automatically liberates others."

APPLICATION: The reason people refuse to launch beyond their comfort zone is because of fear. The power of the afflictor lies in the ignorance of the afflicted. Satan may have afflicted your mind with thoughts of failure; both past and future and maybe you believe that you cannot go beyond a certain point: That is the afflictor feeding on your ignorance. God's looks beyond your human impossibilities to His supernatural possibilities. It is not majorly about what you can accomplish on your own but what God wants to accomplish with you through His supernatural power. Many times, God never reveals what transpires between the dream and its fulfilment, but be confident, knowing that He is able to make the impossible, possible in your life.



I take authority over fear. Lord, even when I cannot feel You, I know You are ordering my steps into destiny.



Praise God for five minutes in expectation of His lifting over your life.



Luke 1 – 2

SHAKE OFF THE SETBACK!

COVENANT DAY OF FASTING AND PRAYER

KEY TEXT

1Chronicles 4:10 "And Jabez called on the God of Israel saying, 'Oh, that you would bless me indeed, and enlarge my territory, that your hand would be with me, and that you would keep me from evil, that I may not cause pain!' So God granted him what he requested."

BACKGROUND AND THOUGHTS ON THE TEXT: Do you really want a change? God is an excellent God who wants nothing but the best for us. Jabez means sorrow! Jabez means pain! His name was an aftermath of the condition he was born into but a day came when he decided he was not going to take anymore. He was tired of mediocrity, lack, rejection, unfulfilment and disappointments. He saw himself beyond his present status and cried to God to bless him and enlarge his territory and God granted him his request. But wanting to experience a lifting does not end with a wish. Your determination must be backed up with actions that will shift you to your next level. 1) Re-order your imagination: Fear is only in the mind. 2) Strive to fulfil purpose: Discover and walk in divine purpose. 3) Inculcate success habits. 4) Pray: Stand against generational curses. 6) Walk in covenant agreement with God.

PRAYER POINTS:

1. Father, I thank You for Your grace that saves. I ask that Your saving grace that has brought me this far, will take me beyond my present phase and establish me at enviable heights.
2. Lord, my life and my destiny will never be wasted. Let Your good hand be seen in my life with notable, tangible and undeniable proofs.
3. Lord, let Your grace and mercy locate me. I evoke the ministry of the Blood of Jesus over my life. Let every claim of sin, evil altars and evil covenants be broken right now.
4. I prophesy peace over my heart. I destroy by fire, any thought the enemy has released to counter my faith and confidence in God.
5. I command the peace of God that passes all understanding to rest in my heart. I shall not be afraid! I am facing life with grace and boldness in Christ Jesus.
6. By faith today, I receive the grace to live above life's negative circumstances. I declare that I am going to encounter the best of God as I step boldly into destiny.
7. I make a commitment to practice the God-kind lifestyle. I am stepping into the life of royalty by choice, despite my physical limitations and inadequacies.
8. Father, make Gateway International Church the proof of Your covenant faithfulness. We are going from glory to glory. May our city hear, see and experience the goodness of Jesus through us.
9. I bless the life and ministry of Your servant Pastor George Izunwa. Father, release grace for greater works upon Your servant. Make him the voice of spiritual authority in his generation.
10. Let the shackles of evil over Nigeria be broken forever, in the name of Jesus.

MOVE TO HIGHER REALMS

KEY
TEXT

1Kings 19:8 "So he got up and ate and drank, and the food gave him enough strength to travel forty days and forty nights to Mount Sinai, the mountain of God."

BACKGROUND AND THOUGHTS ON THE TEXT: There are basic actions and transactions that are expected of you that should shift you to a higher realm. If you refuse to take on these basic responsibilities, you will get stuck in life. Firstly, God never promised that our destiny journey will be smooth. Secondly, not everyone that begins a destiny journey finishes well. If you want to be ready for the journey and if you desire to finish well, you must be ready to adhere to the basic building principles that will facilitate your advancement. To run and finish well, you will need physical, mental/emotional and spiritual stamina.

Physical stamina: Physical stamina refers to actions that enhance your physical well-being. Destiny journey is meant for men who are physically prepared. If you do not want to fall by the way-side through sickness and weakness, you need to keep your body in optimal shape through quality food, rest and body exercise.

Mental/emotional stamina: Mental/emotional stamina requires you taking absolute care of your mental health. It is ensuring your freedom from anxiety, worries and anything that counters your mental/emotional stability. It requires practicing self-care and self-compassion.

Spiritual stamina: Your life and destiny demands that you prepare for war in time of peace. There are battles that must be settled spiritually before they occur in the natural through prayer. Run with God as if everything depends on Him.

APPLICATION: Whenever you are not in shape, whether physically, mentally or spiritually, you will know. Not being in shape will hinder you from functioning optimally. You cannot continue to do the same thing and expect a different result

especially where it concerns your overall wellbeing. For example, you cannot continue to eat junk, refuse to exercise regularly and expect to be physically healthy for the journey. The same applies to your mental, emotional and spiritual well-being. To travel on the journey of destiny, you must be fit all-round: Physically, mentally and emotionally and spiritually.



Father, help me to follow through with every destiny decision I will make after today.



Clearly identify your bad and unproductive habits and stop them.



Luke 5 – 6

THE MYSTERY OF DESTINY FITNESS (I)

KEY
TEXT

LUKE 3:9b (NLT) "Yes, every tree that does not produce good fruit will be chopped down and thrown into the fire."

BACKGROUND AND THOUGHTS ON THE TEXT: Inability to deliver the demands of life is a sign that you are either not physically or mentally or emotionally or spiritually fit. Anytime you are not fit, it means there is a problem. For instance, constant fatigue is a sign that you are not physically fit, and a sign that you need urgent medical attention. There are rules for destiny fitness and it is also very important that you begin to think about your future and the consequences of your bad health habits that are likely to compromise your future, especially the fulfilment of God's purpose for your life.

Do you realize that most of the health problems we suffer later in life, are the result of the unhealthy habits we indulged in? Quite unfortunately, a lot of health challenges for instance, show up in our prime when we should be enjoying the fruits of our labour. Most times, sicknesses do not show up because of old age; they show up mainly because of we refused to take care of for our bodies in our youth. For example, if you drink 75cl (centiliter) of Coca-Cola every day perhaps during lunch time, it means that at the end of 365 days, you would have consumed 27, 375L of Coca-Cola and consumed 4,745 cubes of sugar at 13 cubes per bottle. That's dangerous!

APPLICATION: When you examine your bad habits, consider the long-term implications and be totally honest with yourself. Is it possible that your life could be at stake right now because of the bad health habits you have indulged in for most part of your life? Is it also possible that the negative emotions you have bottled up for so long could be eating at your heart, lungs, kidneys and other parts of your body? Medical science has proven that people who are quick to burst out in anger, are more prone to high blood pressure. More than two-thirds of cancer related issues are triggered by deadly emotions including depression. What is important now, is making a decision about the specific life-changing actions you need to take and begin to implement them as quickly as possible. Nothing will change until you do.



PRAYER

Father, I thank You for the end of the old and the beginning of new things for me.



Fight for destiny stability. Decide that from today, you will be stable in the destiny decisions you make.



Luke 7 – 8

THE MYSTERY OF DESTINY FITNESS (2)

KEY
TEXT

Proverbs 15:10 "Correction is grievous unto him that forsaketh the way: and he that hateth reproof shall die."

BACKGROUND AND THOUGHTS ON THE TEXT: Have you ever heard the saying; 'Play now and pay later: Pay now and play later? Or, no pain, no gain? Sometimes, I wonder why we must often pay a price before we can gain the prize, but that is however the rule of the game. Life should not be controlled by our urge to satisfy pleasure or inner cravings. The uncontrollable desire to satisfy pleasure is what has caused a lot of people to end up weak, incapacitated and in some cases, dead; not because God is unfaithful or because life is unfair, but because they were careless. It is those who are willing to pay the price and sometimes, very costly prices, that eventually win the prize: They are the ones who eventually get to sit at the King's table.

If you want to win, you need to put yourself under the pressure of denying your flesh or delaying gratification. More people than ever are living for immediate gratification, Christians inclusive. Immediate gratification does not only affect your health: It affects your finances, relationships, career and even your walk with God. If you keep on doing what you have always done, you will keep on getting what you have always got; good or bad. Life's greatest sabotage, is the sabotage you met out against yourself. Nobody can cripple you until you cripple yourself. Do not oppose yourself indirectly by taking your wellness for granted. Take a stand for your future. It may be demanding but it is worth it. You can never be fit for your journey until you learn to mortify your cravings.

APPLICATION: Your regular patterns determine your end results. If you are not happy with your present results, it means you need to make changes in your life as quickly as possible. You cannot repay God for what He gave through His Dear Son Jesus, but you can glorify Him by how you live. When you live a life of intentionality and self-discipline, you create the platform for God to showcase His glory through you. God cannot showcase Himself through a sick body or through an attitude riddled with hate, anger, bitterness and depression. So, strive to live out of the wisdom God has invested in you. Satan knows that if you live intentionally, you will arrive at your destination. So, he clutters your life with all manner of distractions. Say no to distractions and live a fulfilled life to the glory of God.



Father, give me the grace to fight for my next level. Help me to be disciplined.



Ponder at the future: What do you really see about yourself many years from now?



Luke 9 – 10

HAVE A HEALTHY SPIRIT (I)

KEY
TEXT

Proverbs 18:14 (NIV) "The human spirit can endure in sickness, but a crushed spirit who can bear?"

BACKGROUND AND THOUGHTS ON THE TEXT: A healthy spirit can overcome anything. Sometimes in life we are not able to figure out all the answers to our questions but if we learn to see things from a healthy spiritual perspective, we can pull through any resistance. A healthy spirit or a healthy spiritual perspective, is an unshaken, deep seated conviction of God's faithfulness. It is having complete trust in God regardless of the circumstances. One reason Job expressed so much frustration in his trying time was because his beliefs did not fully explain his circumstances. The reasons for his suffering were beyond easy explanation. Thankfully, he remembered that God was his only Redeemer and it was only in God that Job could find comfort.

When our wisdom is inadequate, God can still be trusted in very difficult times. Even when we do not understand His ways, our response should be trust and worship! You have a choice! You can choose to let your fear control you or your faith take charge. God is always greater. See life always through a healthy spirit.



PRAYER

Today, I activate the mind of Christ over my life. As from today, I am walking in complete trust in God.



ACTION
POINT



DAILY BIBLE
READING:

Luke 11 – 12

HAVE A HEALTHY SPIRIT (2)

KEY TEXT

Joshua 1:8a "This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein."

BACKGROUND AND THOUGHTS ON THE TEXT: If you eat faith, you would become a man of faith, but if you eat filth, you will become a person of filth. You would become eventually what you eat. If you are the kind that anchors your perspective of life on the News about political instability, economic downturns, ethnic unsteadiness and social evils, you will look at life from the eyes of fear and hopelessness. But if your perspective is hinged on God and on His word, you will develop a healthy spirit. In a world that is filled with so much hardship and pain how could we possibly have hope? The answer to that question lies in God and in His Word.

Without the Word of God deeply rooted in your spirit, and without a healthy relationship with God, there is no way you can have a healthy spirit. You become spiritually what you eat. So, do not subscribe to the trash the world offers. The reason the world is often hostile towards God's people is because they cannot understand why we have so much peace in the midst of the chaos around us. Is the spiritual environment you find yourself in healthy? Or is it a trigger of fear, anxiety and hopelessness? If it is not spiritually uplifting, do yourself some good and get out of that environment.

APPLICATION: Be careful where you hang out, who you listen to and what you allow get into your spirit. Your success is tied to the level of your interaction with God and His Word. Nothing triggers a destiny shift like an appetite for God. Whatever you are going through, has its solution in the Word and in His presence. If you are sick, poor or depressed, your answer is in the Word. Study it, meditate on it, confess it and apply it. Spend time in God's presence in order to get clarity on what God is saying at every moment in your life. This is the only way your spirit can be healthy. Without God's Word and a thriving relationship with Him, you cannot have a healthy spirit.



Holy Spirit, thank You for Your strength that is made perfect in my weakness. I come to You with all my heart and I ask You to help me lean totally on You.



Think on the goodness of God.



Luke 13 – 15

PURSUE GOD

KEY
TEXT

Psalms 27:4 "The one thing I ask of the Lord-the thing I seek most-is to live in the house of the Lord all the days of my life, delighting in the Lord's perfections and meditating in his temple."

BACKGROUND AND THOUGHTS ON THE TEXT: A deep appetite for God triggers a destiny shift. It is not human needs that move God but a diligent pursuit of Him. Anyone can have a need but only those who pursue God diligently will experience His move in their lives. Until you place value on God, God will not place value on you. Until you place value on grace, grace will not place value on you. One of the things that stole the heart of God where it concerned David, was David's unflinching appetite for God. We have pointed out several times that Saul did not commit as many atrocities as David did. But David, as God described, was a man after His heart. David said in the Psalms 26:8 (NLT) *"I love your sanctuary, Lord, the place where your glorious presence dwells."* David was a God addict. He loved God so much that God called him a man after His heart. David's love and pursuit of God, was the reason David continually encountered and enjoyed the mercy of God. Anything you despise in the Kingdom will despise you and anything you place value on, will become your source of lifting. People who pursue diligently after God, always find strength for their destiny's journey. They will always arrive at the King's table. They come before kings, they are honored before men and they enjoy the supernatural provisions of God.

APPLICATION: The more of God you encounter, the more you become like Him. Spiritual pursuit is a transaction between eternity and time. Spiritual pursuit never ends because each level you attain, opens the door to another. As a Christians, never toy with spiritual things because your spiritual stance is a major determinant to how well you turn out in life and in eternity. Every little shift you encounter in the spirit, triggers a mega shift in the natural. Therefore, do not feed your spirit with the earthly voices around you. Instead, feed your spirit only with the presence of God. God's desire is to step into your life fully and make you His dwelling place. He wants to love, lead and lift you and make you live for Him.



PRAYER

Father, I thank You for being gracious to me. Anything that contends with my commitment to Jesus, I command it to catch fire now!

ACTION
POINT

Develop your personal routine on how you intend to pursue after God better.

DAILY BIBLE
READING:

Luke 16 – 18

BE FILLED WITH THE SPIRIT

KEY
TEXT

Romans 8:5 (NLT) "Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about the things that please the Spirit."

BACKGROUND AND THOUGHTS ON THE TEXT: It is possible to be a spiritually empty person and not realize it. Church attendance, service in the house of God or even diligent praying, is not an evidence that you are filled with the Spirit. You can carry on with these activities and not even realize that you are spiritually empty. Being filled with the Spirit simply means living to please God. It means to be sold out completely to God whether it is convenient or not. How can you be filled with the Spirit? 1) Acquire an insatiable hunger for God: When you are not hungry for God, you would not be able to perceive the aroma of grace. 2) Do not ignore spiritual disciplines: Fast and pray, study the Word, live a holy life, seek God's will and live in obedience to His will. 3) Honour God's presence in private and in public.

PRAYER POINTS:

1. Father, I thank You for the finished work at Calvary that gave me access to spiritual vibrancy. I thank You because I know I am made for dominion in Christ Jesus.
2. Lord, I ask for forgiveness for the times I enthroned my idols before You. Thank You for being my origin and source.
3. Holy Spirit, give me the grace to be completely yielded to You. By Your Spirit, I am walking in boldness, wisdom and in understanding of spiritual things.
4. I make a commitment to practice a God-first lifestyle. I receive the grace to put God first in everything every day of my life.
5. My Father, thank You for a new season that has begun in my life. I declare that I shall be like a tree planted by the rivers of water. No more dry seasons in my life. No more rising and falling in my commitment to God.
6. Lord, I will keep my heart and mind focused on You. Anything that seeks to distract me from Your presence, I destroy it now with the fire of the Holy Ghost!
7. Father, I dethrone today, whatever has assumed Your position in my heart. You are the Lord and Master of my life. I give everything about me to You.
8. I ask for a double-portion of Your grace to rest upon the people of Gateway International Church. Help us to please You in everything we do.
9. We command the release of fresh grace over Your servant Pastor Gorge Izunwa. We command a double-fold manifestation of grace over his life.
10. We commit our nation Nigeria into Your able hands. Lord, please show us mercy, in the name of Jesus.



Luke 19 – 20

GET BACK ON TRACK

KEY
TEXT

Psalms 84:5 "What joy for those whose strength comes from the Lord, who have set their minds on a pilgrimage to Jerusalem."

BACKGROUND AND THOUGHTS ON THE TEXT: Beloved, there is a journey you must embark on and a journey you must finish. As long as you are alive, you are on a journey whether you realize it or not. If you are currently weak, if you have made mistakes and have fallen by the way-side, if opposers and oppressors have ruined your chances, if you have been eating the crumbs that fall from the tables of other men and if you have lost a dream, you can muster the strength to begin the journey again. The fact that you failed at some point, does not mean it is over for you. Anyone can grow weak in course of his journey and give up but he can also muster enough strength to get back on track if he chooses.

Why do you need to get back on track?

- Because posterity depends on your final results.
- God will be glorified because you fulfilled purpose.
- There are men whose destines are dependent on your ability to complete your journey.
- You will go into eternity fulfilled.
- You will receive an eternal reward.

APPLICATION: Life has a way of ranking people based on their strength and destiny results. This is why you must do everything in your power to sustain strength. Even if you have fallen by the way-side, it is still not over for you. There is something called bounce-back. You can bounce back no matter the set-back. Get back your physical, mental, emotional and spiritual energy. You are on a journey to somewhere, and whether you will get there depends on your ability to bounce back and get back on track if you have fallen by the way-side. Jesus bore a crown of thorns that you might be crowned with His steadfast love and mercy. You will make mistakes in life but Jesus' death reveals that life is not about your imperfections but about God's perfect love.



Holy Spirit, I cannot do without You. Take over area of my life and strengthen me indeed.



Decide you are going to make every day count from now on.



Luke 21 – 22

YOUR DESTINY IS SURE

KEY TEXT

Psalms 18:17-19 "He delivered me from my strong enemy, and from them which hated me: for they were too strong for me. They prevented me in the day of my calamity: but the Lord was my stay. He brought me forth also into a large place; he delivered me, because he delighted in me."

BACKGROUND AND THOUGHTS ON THE TEXT: Jesus has indeed done it all. He has delivered us from the yokes of the devil and from the forces of darkness that go out of their way to hinder us. Can I implore you to picture what it would have been like if the world was without Jesus? God sent His only begotten Son Jesus to come and die on the Cross so that we could have access to a glorious future. Everyone's destiny is sure but unfortunately, not everyone will access their glorious future because many are unwilling to pay the prize that will transport them to God's chosen place for them.

We have been endowed with different capacities for success that should trigger the manifestation of excellent results. But until we put our strengths to work, nothing works. The good hand of the Lord guarantees a forward and upward life, and when we are rightly connected to Christ, failure is no longer an option. As a child of God, there is no capacity for failure or stagnation in you once you have made up your mind to take the steps at ensuring destiny speed. God already, is faithful. This means that we can depend totally on Him. God will stop at nothing to prove His faithfulness. The question is, are we ready to prove our own faithfulness in order to fulfil the course of our lives?

APPLICATION: What a glorious destiny you have! There is a destiny for you in Christ Jesus. It is such a great destiny that God wants to reveal the infinite and limitless riches of His grace and kindness in your life and in the lives of the people connected to you. I want you to allow the inflow of God's goodness, mercy and lovingkindness into your life. There is strength and grace for this journey. You can make it because He is capable not because you are able. Because God's mercies are new every morning, you can through life every day without fear or self-condemnation. Your past or present situation does not matter. God can take any broken vessel and turn it into something useful if He is allowed. Your destiny is sure. Fight for it!



Father, thank You for filling my life with the privilege of brand new mercies.



Allow God's grace and mercy flow through you. Decide you are never going to be afraid again.



Luke 23 – 24

Prayer Of *Salvation*

Lord Jesus, I ask you to come into my life today and forgive all my sins. I confess with my mouth that

You are the Lord of my life and I believe with my heart that you rose from the dead. I am saved! Thank you Father for saving me in the name of Jesus. Amen.

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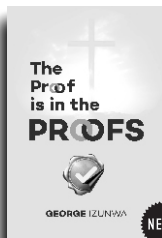
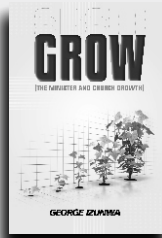
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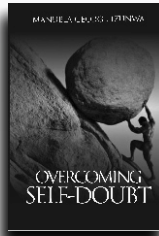
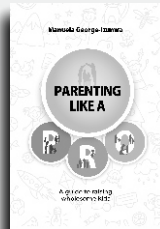
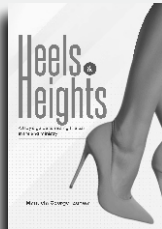
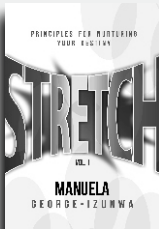
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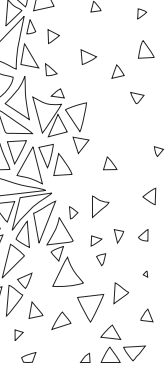
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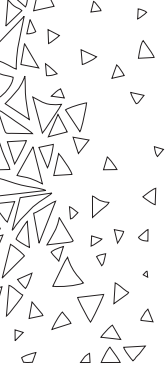
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📌 About The Authors

George Izunwa is the Lead Pastor of Gateway International Church, a dynamic and vibrant growing church with headquarters in Port Harcourt, Nigeria. He is called, anointed and commissioned by God to 'Go teach my people Strength'. Thousands have been positively affected by his pulpit ministry, TV ministry, books, tapes, crusades and special empowerment seminars.

He is the host of "THE GATEWAY", Which brings God's word to countless souls through television. THE GATEWAY is broadcast live on Silver Bird Port Harcourt – Saturday by 11:30am. Pastor George Izunwa also ministers live on radio on the programme "GATEWAY HALF HOUR" every Monday-Saturday by 7:30am-8:00am on Radio Rivers PHC 99.1 FM and on Garden City Radio every Monday – Sunday 5:30pm-6:00pm.

Pastor George spends a lot of his time in Pastoral and Leadership Mentoring projects through Impact Ministers Mentoring Outreach. More than 2000 pastors are active participants of the program. He meets every month in mentoring sessions with at least 500 pastors/leaders. He is the author of a number of life-transforming books, among which are these best-sellers, The Uncommon Life, The Rules of the Game, High Impact Living, Dreams and Destiny to mention a few.

Manuela George Izunwa is an administrator, counsellor and pastor. She is also the mother of three amazing children. Her passion is women empowerment and youth development. Presently she runs two non-governmental organisations: Girls' Organisation For Leadership And Development (G.O.L.D) and WIM(Women In Ministry) & WIL(Women In Leadership) of Deborah's Cradle.

Pastor Manuela is the proprietress of SITRID INTERNATIONAL SCHOOL in Port Harcourt. She also heads the Children's ministry (Exceptional Teens and Children Church) of Gateway International Church. She frequently writes inspirational quotes and messages on her blog: Deborah's Cradle. You can follow DC on facebook, twitter, Instagram and visit her website on www.deborahscradle.org



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